

F.A.S.T
Forsyth Area Striders Team
TYPES OF MEMBERSHIP(s)



- (A) Individual: Dues \$15.00 - Quarterly meetings & newsletter
- (B) Family: Dues \$20.00 - Quarterly meetings & newsletter
- (C) Student: (20 Years & Under) Dues \$10.00 - Quarterly meetings & newsletter
- (D) Senior: (65 Years & Over) Dues \$10.00 - Quarterly meetings & newsletter

CIRCLE TYPE OF MEMBERSHIP: (A) (B) (C) (D) Amount Enclosed:\$_____

One T shirt will be given per sign up and handed out at are meetings. **CIRCLE SIZE** S M L XL

Please check one: NEW MEMBER [] PREVIOUS MEMBER []

LAST NAME: _____ **FIRST:** _____ **SPOUSE:** _____
 (Please Print)

ADDRESS: _____
 Street City State Zip

HOME PHONE: _____ **WORK PHONE:** _____ **EMPLOYER:** _____

BIRTHDATE: ___ / ___ / ___ **5K PR:** _____ **10K PR:** _____ **HALF/MARATHON PR:** _____

For Walkers you estimated pace per mile _____

FAMILY MEMBERSHIP: Spouse _____ **DOB:** ___ / ___ / ___

NAME: _____ **DOB:** ___ / ___ / ___ **NAME:** _____ **DOB:** ___ / ___ / ___

NAME: _____ **DOB:** ___ / ___ / ___ **NAME:** _____ **DOB:** ___ / ___ / ___

E-mail address: _____

I would like to volunteer for: **Road Races** [] **Newsletter** [] **Socials** []

ALL MEMBERS (NEW OR RENEWAL) MUST SIGN AND DATE RELEASE WAIVER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such entitled to act on my risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone behalf, waive and release, the Forsyth Area Striders Team and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

 SIGNATURE (PARENT'S SIGNATURE REQUIRED IF UNDER 18 YEARS OLD) DATE

FOR CLUB MEETINGS: Payments are made to: Forsyth striders 2380 Old Atlanta Rd Cumming GA 30041
www.ForsythStriders.com